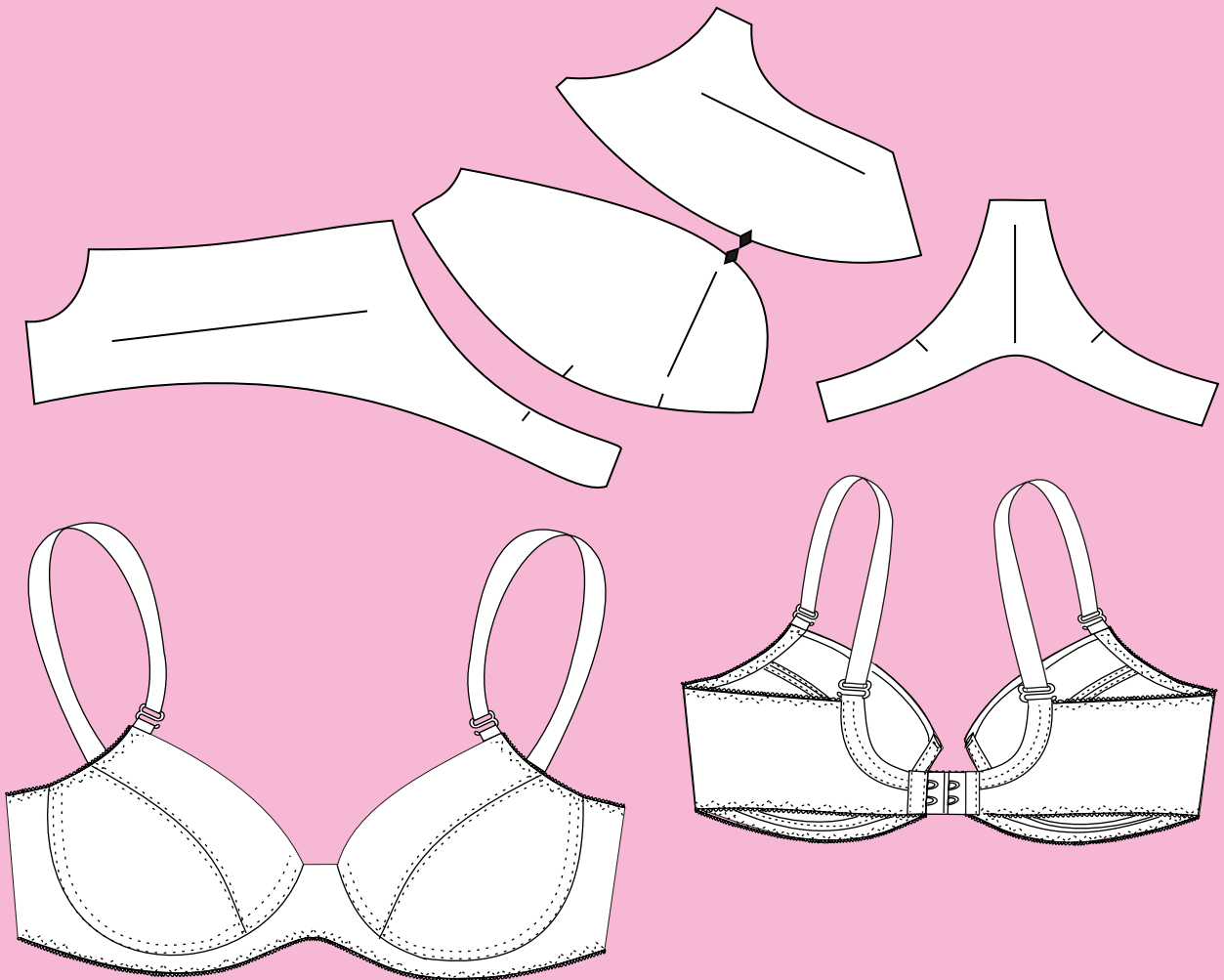
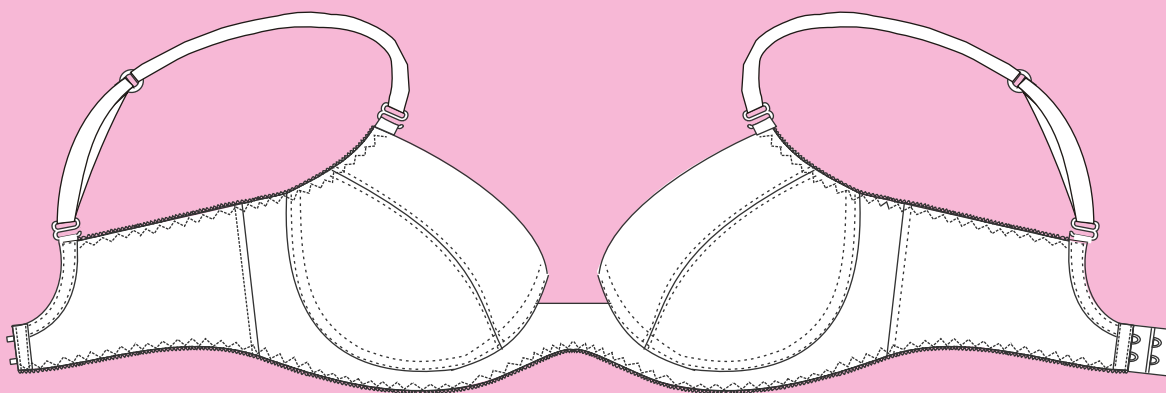


The Bra-makers Manual

*A professional approach to
bra design, draft, fit and construction*



Beverly Johnson



The Bra-makers Manual

From its humble beginning as a square of cloth, to the engineered marvels of today, the bra has earned its place in history as both the most loved and the most hated garment. Some studies have shown that 70% of women are unhappy with the fit of their bras; others put that number at 85%. Bands that ride up, cups that don't fit, and wires that pinch and poke - being in an ill-fitting bra all day is uncomfortable at best; but worse, a sagging (or bulging) profile makes us look heavier and older than we really are!

Ready-to-wear can't possibly address all the unique needs of every woman. Do you have uneven-sized breasts, or an asymmetrical body frame, or breasts larger than a C cup? Do you desire bras in fabrics and colours that are not available "off-the-rack"? If so, join the thousands of women all over North America who have taken Beverly's bra-making classes and learned that a bra *can* be comfortable, pretty and supportive.

What better way for those who enjoy precision sewing, than to make the most complex and intriguing garment in our wardrobe? You may even decide to launch an exciting new career as a custom bra-maker!

You will learn to draft a pattern from a variety of sources, and use that pattern as the foundation to create a virtual library of bra styles. You will learn how to choose and control the fabric, and do fittings like the professionals. Learn the engineering of special needs bras, including nursing and mastectomy bras; and of course, the strapless bra. Duplicate all of the professional techniques with instructions written specifically for home sewing machine.

The Bra-makers Manual was written as a textbook for those involved in custom bra-making for others, but those home sewers who are up for a bit of a challenge will find this book a complete reference on bra design, draft, fit and construction. Even if you *never* sew a bra for anyone else, you will thoroughly enjoy making your own well-fitting and supportive bras. Now you can have all the fashionable fabrics and colours, in styles that rival ready-to-wear at a fraction of the cost.

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